



I have been in the CMD Program for almost two decades, I have trained at academies around the world with many of our finest and I continually aspire to better myself. In my teaching I strive to offer the greatest Martial Arts LIFE experience possible.

## LICENSED MJ & CM TRAINER CM EDENVALE OWNER

CM BRONZE GLOVES
FIRST DEGREE MJ BLACK BELT









LICENSED MJ & CM TRAINER

CM BLUE GLOVES MJ BLACK BELT

My goal as a trainer is to help our clients through various goals and struggles in their lives with the principles learnt on our mats.









My ultimate goal as a Coach is to teach my students how to remain calm in a tense situation. This entails being physically fit, possessing a solid base in the fundamentals whilst using the right amount of creativity. I would say that my biggest strength is my patience which is evident in my style of coaching.

## LICENSED MJ & CM TRAINER

CM WHITE GLOVES

MJ BLUE BELT



