

Admin Murah

Martial Arts for self improvement, self preservation and self confidence. I believe the focus of martial arts training should be about creating strong friendships and social bonds with fellow minded martial artists

## LICENSED MJ & CM TRAINER CM STRIVE OWNER

CM BLUE GLOVES
MJ BLACK BELT





https://strivemartialartscentre.com/



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Self preservation from a female perspective, reliance on technique, precision and timing

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