



# Crazy Monkey ISLE of MAN



Training by emphasising the principles of adaptability, resilience, and sustainability can enhance optimal protective capabilities and promote a holistic, high-quality lifestyle.



Aniko  
SZEPESIOVA

**LICENSED CM, MJ, EDGE & WYB  
TRAINER**

CM BLUE GLOVES

MJ PURPLE BELT

EDGE LEVEL 1

WYB LEVEL 1 & 2



[annie@schoolofcrazymonkey.com](mailto:annie@schoolofcrazymonkey.com)