

Coach Derrick offers the full suite of self-preservation training options through Weaponize Your Body – Seattle, integrating common sense, de-escalation techniques, striking, street jits, blunt tools and for select vetted clients – edged weapons defense and firearms training. The primary focus of his curriculum is to provide clients with tried, trusted and effective tools to defend themselves and their loved-ones and to ensure that any student that trains with him gets home safely.



LICENSED CM, MJ, EDGE, WYB
TRAINER

CM BLUE GLOVES

MJ WHITE BELT

EDGE LEVEL 1

WYB - FULL CERTIFICATION



FOR CHAOS